

TOP NOTCH TEAM

ANTI-BULLYING CONTRACT

I, a gymnast of Top Notch Team, agree to join together with my teammates to condemn and stop bullying. Top Notch Team believes that every athlete has the right to feel safe, secure, and accepted regardless of sexual orientation, color, race, gender, popularity, athletic ability, intelligence, religion, or nationality.

Bullying means any intentional written, electronic, verbal, or physical act against another athlete. Top Notch Team does not tolerate bullying of any kind. To help prevent these actions, Top Notch Team will not tolerate:

- Groups for texting or communication
- Inappropriate posts or comments on any form of social media
- Purposely excluding a team member from a party or gathering

Bullying causes pain and stress to victims and is never justified or excusable as “just teasing.” The victim is never responsible for being a target of bullying. If you get caught bullying, Top Notch Team has the right to remove you from the team. Top Notch Team staff will evaluate every incident and make a decision as to what the consequences will be. All decisions are final.

By signing this contract, I, the athlete, agree to:

1. Value athlete differences and treat others with respect
2. Not become involved in bullying incidents or be a bully, but rather support athletes who have been, or are subjected to bullying.
3. Be aware of Top Notch Team’s policies with regard to bullying and immediately report incidents.
4. Talk to staff and parents about concerns regarding bullying and work with other athletes and faculty to help the gym stop bullying.
5. Be a good role model for younger athletes.

I acknowledge that whether I am being a bully or see someone being bullied, if I don’t stop or report bullying, I am just as guilty.

Printed Athlete Name: _____

Athlete Signature: _____ Date: _____

Printed Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____